



GOVERNMENT OF THE REPUBLIC OF TRINIDAD AND TOBAGO

MINISTRY OF DEFENCE

February 10, 2026

For Immediate Release

MEDIA RELEASE

LIFEGUARD AVAILABILITY DURING CARNIVAL PERIOD (FEBRUARY 14 TO 18, 2026)

The Ministry of Defence would like to advise the general public that lifeguards will be on duty at the following beaches in Trinidad over the Carnival Period (February 14 to 18, 2026):

North, South, East Beaches

Maracas
Las Cuevas
Vessigny
Los Iros
Quinam
Toco
Salybia
Manzanilla

Mayaro Beaches

Indian Bay
Church Road
St. Anns
Beaumont
Plaisance
DeRoze
Rabita
Radix.

Despite the presence of the lifeguards the Ministry of Defence would like the general public to exercise extreme caution when entering the waters especially during the high tide period and during the period covered by the current Hazardous Seas Bulletin.

Wayne D Sturge, M.P
Minister of Defence
Minister in the Ministry of Homeland Security

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